



**New Hampshire's
Charting the LifeCourse
Community of Practice
cordially invites you to:**

***A Foundational Skill-
Building Workshop for
Self-Advocates &
Families***

Five, two-hour sessions via
Zoom from 4:30pm-6:30pm
(EST) on:

- March 3rd, 2022
- March 10th, 2022
- March 17th, 2022
- March 24th, 2022
- March 31st, 2022

Have you heard of Charting the LifeCourse?
Curious about what it is? Want to learn more?
Here is your opportunity! **Attend this no cost
event!**

This is a chance for self-advocates and families to
come together and learn about Charting the
LifeCourse. You will learn how it can be used to
identify and share what is important to you and
your family, advocate for those choices, problem
solve, plan, and make goals for the future.

This is a five-part series so you should be prepared
to attend all five sessions. This will be a virtual
event and will occur through Zoom.

*Please note a separate workshop is being
scheduled specifically for professionals!

Register by clicking this link:
[Foundational Skill Building
Workshop Registration](#)

If you have questions, please contact
Mary St Jacques at
mary.stjacques@unh.edu

All five sessions will be recorded and
available to attendees for 30 days
after the final session for anyone who
misses one session.