Learn about the
CORONAVIRUS
COLORING BOOK

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You might have heard lots of people talking about something called the “coronavirus.” Coronavirus is a type of virus that can make you feel sick.

Some people also call me COVID-19. It is the sickness I cause. COVID is short for coronavirus disease.

Coronavirus is a big word, but did you know that “corona” means crown? When you look at coronavirus under a microscope, a part of the virus looks like a crown.
People in many parts of the world have gotten sick because coronavirus spreads easily from person to person.

Coronavirus can travel through the air in a sneeze or cough. It can also spread when people touch something the virus has been on, like hands or door handles. This is why you might see people wearing masks and gowns.

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If people get coronavirus, they may get a fever, feel tired, cough, or have a hard time breathing.

Most people feel only a little bit sick and get better quickly. It feels a lot like when you have a cold or the flu.
There are things you can do to keep from catching coronavirus and spreading it to others.

Did you know that when you wash your hands, germs like coronavirus go away?

Keep your hands away from your face, eyes, mouth, and nose. To keep others safe, sneeze or cough into a tissue or your elbow.
Your hospital is doing things to help you stay safe too. Nurses might ask if you feel sick or see if you have a fever. You might notice fewer people are coming to the hospital or that your favorite activities have been canceled.

Your care team is working hard to make sure everyone stays safe and healthy.
Some people worry about all the changes from coronavirus. They may worry about getting sick or worry about family members.

A way to not worry as much is to share your feelings and ask for help. If you are worried, don’t be afraid to tell someone.
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ATTENTION: If you speak another language, assistance services, free of charge, are available to you. Call 1-866-278-5833 (TTY: 1-901-595-1040).
