HELLO!

I am a VIRUS, cousin with the Flu and the Common Cold

My name is Coronavirus

MANUELA MOLINA - @MINDHEART.KIDS
WWW.MINDHEART.CO
CC BY-NC-SA 4.0 INTERNATIONAL PUBLIC LICENSE
I love to travel...

and to jump from hand to hand to say Hi
Have you heard about me?

YES  |  NO

And how do you feel when you hear my name?

Relaxed | Confused | Worried
Curious | Nervous | Sad
I can understand you feel...

Draw it here

...I would feel the same way
Sometimes adults get worried when they read the news or see me on TV. THAT'S ME!
But I am going to explain myself...

So you can understand...
When I come to visit, I bring...

Difficulty breathing

Fever

Cough
But I don’t stay with people for long, and almost everyone gets better

Just like when you get a scrape on your knee and it heals
It's normal to worry!

But the adults who take care of you: ____________________________

will keep you safe
And you can help...

1. By washing your hands with soap and water while singing a song.
   You can sing your favorite song, the happy birthday song, or the alphabet song.

2. By using hand sanitizer and letting it dry on your hands.
   Without moving them count to 10:
   1, 2, 3, 4, 5, 6, 7, 8, 9, 10
   Once your hands are dry you can get back to playing!!
If you do all that and stay at home, it helps to stop me visiting so many people while the doctors work to find a vaccine that will allow me to say hi without getting you sick.
THE END

Download this PDF here:

www.mindheart.co/descargables

Author:
Manuela Molina Cruz
Instagram: @mindheart.kids
manuela_825@hotmail.com

CC BY-NC-SA 4.0 International Public License