

What is YEAH Council?

YEAH Council is a youth driven and directed group of individuals with disabilities and/or special health care needs. We are focused on developing and strengthening the skills and resources needed to achieve the unique independent life that we each desire. YEAH does this by empowering, educating and supporting individuals and professionals in the areas of education, advocacy and health care.

"We are a powerful group of leaders driven by the intention that we not only have the power to change our own lives, but the lives of others as well."

Want to learn more?

Visit our website to learn more about our most current projects like "ask a youth" and "peer to peer" or to inquire about our availability for speaking engagements and outreach consulting.
<http://yeah-councilnh.com>



Know someone who would like to join YEAH council?

For more information, contact our Youth Facilitator, Karin Harvey-Olson at yeahcouncil@nhfv.org



This project is/was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant # HMC09488, The Family to Family Health Information Center, \$95,700. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Youth

for
Education

Advocacy

and
Healthcare



Empowering and informing youth with special healthcare needs or disabilities & those who support them since 2007



What we do

Yeah Council provides resources for medical professionals, educators, families and young adults. We participate in discussion panels and present on a variety of topics at conferences and events across the state. We have a strong online presence which makes our resources such as webinars and online training modules easily accessible and very youth friendly. We

also offer consulting services for organizations to assist in making their resources and services more relevant to youth with disabilities and/or chronic conditions. Through this work, we help and support other youth with special healthcare needs and/or disabilities (YSHCN) live productive, healthy lives every day by becoming the young adults they want to be.

“The skills gained here lead youth to independence”

We are a leadership driven group . The people that come out of this group are leaders, educators and self-advocates in the world of transition, education, advocacy and healthcare. They have acquired the skills needed to chart the course of not only their own lives, but the systems that affect the lives of other young adults with disabilities and chronic health conditions. The work that YEAH council does across the state has had a direct impact on the quality of life young people with disabilities and/or chronic health conditions experience in New Hampshire.

YEAH Council is not a support group, but it will help individuals build the network of support they need on the path to independence. The council is a place where young adults with disabilities and/or chronic health conditions will develop a strong sense of community, encouragement and strength while acquiring the skills and support needed to lead an independent life as a youth with a disability. However, it is up to each individual to put these tools to work in their own lives.



How we do it

Since 2007 YEAH Council has been working to educate and empower YSHCN to become self advocates and manage their healthcare and education independently as they transition into adulthood. Here's a look at what the council has been up to:

- Consulting with professionals and families on best practices and sharing personal experiences.
- Collaborating with professionals in healthcare and education on a variety of written resources and speaking at conferences and workshops.
- Participating in national webinars, and panel presentations on anti-bullying, advocacy and healthcare transition.
- Hosting an annual conference run by youth for youth. Here, attendees can network, obtain resources, attend workshops and hear speakers on a variety of topics that are relevant to their everyday life.
- Creating resources that support YSHCN.

